

**From:** Steve Wood  
**To:** "Sitesh Patel"  
**Subject:** Glycophase revised formula  
**Date:** Monday, December 28, 2009 5:00:01 PM

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Bryan had asked me to re-work the Glycophase product due to pricing. Please price this and let me know how it turns out. It should be a lot more reasonable. Also, you may be able to find some generic Na-R-ALA. It isn't technically supposed to exist since Geranova has the patent, but it does (or at least used to).

There is 840 mg in the formula. Can that be put in 1 capsule? I know that is pushing it a bit.

Glycophase  
Serving Size: 1 capsule  
Servings Per Container: 90

**Amount Per Serving:**

Na-R-ALA – 125 mg  
Biotin – 500 mcg  
Quercitin – 200 mg  
Phellidendron Extract (Standardized to 90% Berberine) – 150 mg  
Banaba Extract (Lagerstroemia Speciosa) (20% Corsolic Acid) – 150 mg  
Cinnamon Extract 20:1 Extract – 125 mg  
Fenugreek Seed Extract (Trigonella Seed) (Standardized to 98% 4-Hydroxyisoleucine) – 40 mg

Thanks,  
Steve Wood, CEO  
Serious Nutrition Solutions, LLC

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